WHITEHEAD PRIMARY SCHOOL

<u>12 April 2021 – 7 May 2021</u> <u>YEARS 1 -7</u>

The menu is based on 'healthy-eating'. All meals are priced at £2.60 and will include the choices set out below. I would thoroughly recommend the meals for their nutritious value.

<u>Dinners must be booked and paid for by logging onto the School Money System</u>. If your child is entitled to free meals you can book on the School Money System, but payment will not be requested.

Monday 12	Tuesday 13	Wednesday 14	Thursday 15	Friday 16
Salmon fishcakes	Cottage pie	Roast beef, stuffing	Chicken curry	Chicken bites
Garden peas	Sweetcorn & diced	Baton carrots	Boiled rice	Beans
Homemade potato	peppers	Broccoli	Naan bread	Side salad
wedges with sweet	Mashed potato	Mashed/roast	Carrot sticks	Chips
chilli dipping sauce	Wheaten bread	potato, gravy		Wholemeal bread
Crusty bread				
Bottle of water	Pure orange juice	Carton of milk	Bottle of water	Bottle of water
Strawberry egg	Watermelon slice &	Fresh fruit topped	Chocolate brownie with	Cheese & crackers with
sponge square	yoghurt	ice cream sundae	orange wedges	cut grapes
Monday 19	Tuesday 20	Wednesday 21	Thursday 22	Friday 23
Pasta Bolognese	Fish fingers	Roast turkey	Steak burger in bap	Homemade pizza with
Carrot batons	Baked beans	Stuffing	Salad	chicken, peppers and
Crusty bread	Mashed potato	Green beans	Coleslaw	tomato topping
	Wholemeal bread	Carrot & parsnip	Homemade spiced cubed	Pineapple salsa
		Mashed/roast	potatoes	Side salad
		potato, gravy		Chips
Bottle of water	Carton of milk	Bottle of water	Pure orange juice	Bottle of water
Yoghurt & trio	Chocolate & pear	Summer fruits &	Strawberry shortcake	Fresh fruit salad &
fruits	sponge	yoghurt	stack	yoghurt
Monday 26	Tuesday 27	Wed 28	Thurs 29	Friday 30
Lasagne	Oven baked breaded	Roast beef, stuffing	Chicken curry	Hot dog
Sweetcorn	whiting	Cabbage	Boiled rice	Saute onions
Side salad	Mashed potato	Carrot & parsnip	Carrot sticks	Sweetcorn salsa
Wheaten bread	Baked beans	Mashed/roast	Naan bread	Side salad
	Crusty bread	potato, gravy		Chips
Bottle of water	Apple juice	Bottle of water	Carton of milk	Bottle of water
Strawberry &	Forest fruits &	Pear conde	Chocolate cookie &	Fresh pineapple ring and
yoghurt Swiss roll	yoghurt		chunk of banana	yoghurt
Monday 3	Tuesday 4	Wed 5	Thurs 6	Friday 7
	Chicken curry	Roast pork, stuffing	BUFFET - chicken/	Hawaiian salad burger
SCHOOL CLOSED	Boiled rice	Diced turnip	cheese/tuna/ham -	Asian slaw
	Carrot sticks	Broccoli florets	selection of sandwiches,	Chips
	Naan bread	Mashed/roast	pizza fingers/cocktail	
		potato, gravy	sausages, carrot sticks	
	Bottle of water	Orange juice	Fruit muffin, banana &	Bottle of water
	Fruit filled meringue	Cheese & crackers	milkshake	Medley of fruit &
	shell	with cut grapes		yoghurt

Fruit and yoghurt are available daily as alternative to pudding. Milk and water available free to each child.

Due to changes in nutrition regulations we are no longer able to provide fruit juice for sale. Although an effort is made to keep to the set menu, due to various circumstances, it may occasionally be necessary to make some minor alterations to the list set out above.

If you have any dietary requirements, please contact the school.