

WHITEHEAD PRIMARY SCHOOL

1 – 26 November 2021

YEARS 1 -7

The menu is based on 'healthy-eating'. All meals are priced at **£2.60** and will include the choices set out below. I would thoroughly recommend the meals for their nutritious value.

Dinners must be booked and paid for by logging onto the School Money System. If your child is entitled to free meals you can book on the School Money System, but payment will not be requested.

| Monday 1 | Tuesday 2 | Wednesday 3 | Thursday 4 | Friday 5 |
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| Salmon cake/fish fingers, mashed potato, garden peas, crusty bread | Pasta Bolognese Carrot sticks Herb bread | Chicken curry with boiled rice Naan bread Carrot | Roast beef with stuffing, baton carrots, broccoli, mashed & roast potato, gravy | Chicken bites Beans Chips Wholemeal bread |
| Bottle of water Strawberry egg sponge square | Pure orange Watermelon slice & yoghurt | Bottle of water Chocolate brownie with orange wedges | Bottle of water Carton of milk, fresh fruit topped ice-cream sundae | Bottle of water Cheese & crackers with cut grapes |
| Monday 8 | Tuesday 9 | Wednesday 10 | Thursday 11 | Friday 12 |
| Fish fingers Baked beans Mashed potato Wholemeal bread | Pasta Bolognese Carrot batons Crusty bread | Steak burger in bap Salad, coleslaw Homemade spiced cubed potatoes | Roast turkey, stuffing, sliced green beans, carrot & parsnip, roast and mashed potato, gravy | Homemade French bread pizza Mixed salad, coleslaw Chips |
| Carton of milk Chocolate & pear sponge | Bottle of water Yoghurt & trio of fruits | Pure orange juice Strawberry & Shortcake | Bottle of water Summer fruits & Yoghurt | Bottle of water Fresh fruit salad & yoghurt |
| Monday 15 | Tuesday 16 | Wed 17 | Thurs 18 | Friday 19 |
| Oven baked breaded whiting Baked beans Mashed potato Crusty bread | Pasta Bolognese Sweetcorn Herb bread | Chicken curry Boiled rice Carrot sticks Naan bread Crusty bread | Roast beef with stuffing, cabbage, carrot & parsnip, mashed & roast potato, gravy | Hotdog Side salad Chips |
| Apple juice Forest fruits & yoghurt | Bottle of water Strawberry topped sponge | Chocolate cookie & chunk of banana | Bottle of water Pear conde | Bottle of water Fresh mixed fruit & yoghurt |
| Monday 22 | Tuesday 23 | Wed 24 | Thurs 25 | Friday 26 |
| Fish fingers Beans Mashed potato Crusty bread | Chicken curry Boiled rice Carrot sticks Naan bread | BUFFET - selection of sandwiches, pizza fingers, cocktail sausages, carrot sticks | Roast pork & stuffing, diced turnip, broccoli florets, mashed & roast potato, gravy | Steak burger Salad Coleslaw Chips |
| Bottle of water Fresh melon wedge & frozen yoghurt | Bottle of water Fruit filled meringue shell | Fruit muffin Banana milkshake | Orange juice, cheese & crackers with cut grapes | Bottle of water Melody of fruit & yoghurt |

Fruit and yoghurt are available daily as alternative to pudding.

Milk and water available free to each child.

Due to changes in nutrition regulations we are no longer able to provide fruit juice for sale. Although an effort is made to keep to the set menu, due to various circumstances, it may occasionally be necessary to make some minor alterations to the list set out above.

If you have any dietary requirements, please contact the school.