WHITEHEAD PRIMARY SCHOOL <u>4 April – 13 May 2022</u> YEARS 1 -7

The menu is based on 'healthy-eating'. All meals are priced at £2.60 and will include the choices set out below. I would thoroughly recommend the meals for their nutritious value.

<u>Dinners must be booked and paid for by logging onto the School Money System</u>. If your child is entitled to free meals you can book on the School Money System, but payment will not be requested.

Monday 4	Tuesday 5	Wednesday 6	Thursday 7	Friday 8
Salmon cake/fish	Pasta Bolognese	Chicken curry with	Chicken nuggets	NO DINNERS -
fingers, mashed	Carrot sticks	boiled rice	Beans	SCHOOL FINISHES
potato, garden peas,	Herb bread	Naan bread	Chips	EARLY
crusty bread		Carrot		
Bottle of water	Bottle of water	Bottle of water	Carton of milk	
Fresh fruit &	Sponge topped with	Chocolate brownie	Fruit & yoghurt	
yoghurt	fruit	with orange wedges		
Monday 11	Tuesday 12	Wednesday 13	Thursday 14	Friday 15
SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED
Monday 18	Tuesday 19	Wednesday 20	Thursday 21	Friday 22
SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED
Monday 25	Tuesday 26	Wednesday 27	Thursday 28	Friday 29
Fish fingers	Pasta Bolognese	Steak burger in bap	Pizza, salad & chips	
Baked beans	Carrot batons	Salad, coleslaw		SCHOOL CLOSED
Mashed potato	Crusty bread	Homemade spiced		
Wholemeal bread		cubed potatoes		
Carton of milk	Bottle of water	Pure orange juice	Bottle of water	
Chocolate & pear	Yoghurt & trio of	Strawberry &	Popcorn cookie & fruit	
sponge	fruits	Shortcake		
Monday 2	Tuesday 3	Wednesday 4	Thurs 5	Friday 6
	Fish	Chicken curry		Hotdog
SCHOOL CLOSED	Mashed potato	Boiled rice	SCHOOL CLOSED	Beans
	Peas	Carrot sticks	FOR ELECTION	Chips
		Naan bread		
		Crusty bread		
	Bottle of water	Chocolate cookie &		Bottle of water
	Fruit & yoghurt	chunk of banana		Fresh mixed fruit &
				yoghurt
Monday 9	Tuesday 10	Wednesday 11	Thurs 12	Friday 13
Fish fingers	Chicken curry	BUFFET - selection	Roast turkey & stuffing,	Steak burger
Beans	Boiled rice	of sandwiches, pizza	diced turnip, broccoli	Salad
Mashed potato	Carrot sticks	fingers, cocktail	florets, mashed & roast	Coleslaw
Crusty bread	Naan bread	sausages, carrot	potato, gravy	Chips
		sticks		
Bottle of water	Bottle of water	Fruit muffin	Orange juice, cheese &	Bottle of water
Fresh melon wedge	Fruit filled meringue	Banana milkshake	crackers with cut	Melody of fruit &
& frozen yoghurt	shell		grapes	yoghurt

Fruit and yoghurt are available daily as alternative to pudding.

Milk and water available free to each child.

Due to changes in nutrition regulations we are no longer able to provide fruit juice for sale. Although an effort is made to keep to the set menu, due to various circumstances, it may occasionally be necessary to make some minor alterations to the list set out above.

If you have any dietary requirements, please contact the school.