# WHITEHEAD PRIMARY SCHOOL 

## 16 May - 17 June 2022 <br> YEARS 1-7

The menu is based on 'healthy-eating'. All meals are priced at $£ 2.60$ and will include the choices set out below. I would thoroughly recommend the meals for their nutritious value. Dinners must be booked and paid for by logging onto the School Money System. If your child is entitled to free meals you can book on the School Money System, but payment will not be requested.

| Monday 16 | Tuesday 17 | Wednesday 18 | Thursday 19 | Friday 20 |
| :---: | :---: | :---: | :---: | :---: |
| Salmon cake/fish fingers, mashed potato, garden peas, crusty bread | Pasta Bolognese <br> Sweetcorn <br> Herb bread | Chicken curry with boiled rice Naan bread Carrot | Roast beef with stuffing, baton carrots, broccoli, mashed \& roast potato | Chicken bites <br> Beans <br> Chips <br> Wholemeal bread |
| Fresh fruit \& yoghurt | Sponge \& custard | Chocolate brownie with orange wedges | Fresh fruit topped icecream sundae | Melon wedges \& yoghurt |
| Monday 23 | Tuesday 24 | Wednesday 25 | Thursday 26 | Friday 27 |
| Fish fingers Baked beans Mashed potato Wholemeal bread | Pasta Bolognese Sweetcorn Crusty bread | Steak burger in bap Salad, coleslaw Homemade spiced cubed potatoes | Roast chicken, stuffing, sliced green beans, carrot, roast \& mashed potato, gravy | Homemade French bread pizza Mixed salad, coleslaw Chips |
| Fruit \& yoghurt | Chocolate \& pear sponge Chocolate sauce | Pure orange juice Strawberry \& Shortcake | Summer fruits \& yoghurt | Ice cream \& jelly |
| Monday 30 | Tuesday 31 | Wednesday 1 | Thursday 2 | Friday 3 |
| SCHOOL CLOSED | SCHOOL CLOSED | SCHOOL CLOSED | SCHOOL CLOSED | SCHOOL CLOSED |
| Monday 6 | Tuesday 7 | Wednesday 8 | Thurs 9 | Friday 10 |
| Oven baked breaded whiting Peas <br> Mashed potato Crusty bread | Pasta Bolognese Sweetcorn Herb bread | Chicken curry <br> Boiled rice <br> Carrot sticks <br> Naan bread <br> Crusty bread | Roast chicken, stuffing, cabbage, carrot \& parsnip, mashed \& roast potato, gravy | Hotdog Beans Chips |
| Apple juice Forest fruits \& yoghurt | Strawberry topped sponge | Chocolate cookie \& chunk of banana | Pears \& yoghurt | Fresh mixed fruit \& yoghurt |
| Monday 13 | Tuesday 14 | Wednesday 15 | Thurs 16 | Friday 17 |
| Fish fingers Beans Mashed potato Crusty bread | Chicken curry Boiled rice Carrot sticks Naan bread | BUFFET - selection of sandwiches, pizza fingers, cocktail sausages, carrot sticks | Roast chicken \& stuffing, diced turnip, broccoli florets, mashed \& roast potato, gravy | Steak burger <br> Salad <br> Coleslaw <br> Chips |
| Fresh melon wedge \& frozen yoghurt | Meringue \& frui $\dagger$ | Fruit muffin \& milkshake | Orange juice, cheese \& crackers with cut grapes | Melody of fruit \& yoghurt |

## Fruit and yoghurt are available daily as alternative to pudding.

Milk and water available free to each child.
Due to changes in nutrition regulations we are no longer able to provide fruit juice for sale. Although an effort is made to keep to the set menu, due to various circumstances, it may occasionally be necessary to make some minor alterations to the list set out above.

If you have any dietary requirements, please contact the school.

