## WHITEHEAD PRIMARY SCHOOL

## <u>16 May – 17 June 2022</u> <u>YEARS 1 -7</u>

The menu is based on 'healthy-eating'. All meals are priced at £2.60 and will include the choices set out below. I would thoroughly recommend the meals for their nutritious value.

<u>Dinners must be booked and paid for by logging onto the School Money System</u>. If your child is entitled to free meals you can book on the School Money System, but payment will not be requested.

Monday 16	Tuesday 17	Wednesday 18	Thursday 19	Friday 20
Salmon cake/fish	Pasta Bolognese	Chicken curry with	Roast beef with	Chicken bites
fingers, mashed	Sweetcorn	boiled rice	stuffing, baton carrots,	Beans
potato, garden peas,	Herb bread	Naan bread	broccoli, mashed &	Chips
crusty bread		Carrot	roast potato	Wholemeal bread
Fresh fruit &	Sponge & custard	Chocolate brownie	Fresh fruit topped ice-	Melon wedges & yoghurt
yoghurt		with orange wedges	cream sundae	
Monday 23	Tuesday 24	Wednesday 25	Thursday 26	Friday 27
Fish fingers	Pasta Bolognese	Steak burger in bap	Roast chicken, stuffing,	Homemade French
Baked beans	Sweetcorn	Salad, coleslaw	sliced green beans,	bread pizza
Mashed potato	Crusty bread	Homemade spiced	carrot, roast & mashed	Mixed salad, coleslaw
Wholemeal bread		cubed potatoes	potato, gravy	Chips
Fruit & yoghurt	Chocolate & pear	Pure orange juice	Summer fruits &	Ice cream & jelly
	sponge	Strawberry &	yoghurt	
	Chocolate sauce	Shortcake		
Monday 30	Tuesday 31	Wednesday 1	Thursday 2	Friday 3
SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED
Monday 6	Tuesday 7	Wednesday 8	Thurs 9	Friday 10
Oven baked breaded	Pasta Bolognese	Chicken curry	Roast chicken, stuffing,	Hotdog
whiting	Sweetcorn	Boiled rice	cabbage, carrot &	Beans
Peas	Herb bread	Carrot sticks	parsnip, mashed & roast	Chips
Mashed potato		Naan bread	potato, gravy	
Crusty bread		Crusty bread		
Apple juice	Strawberry topped	Chocolate cookie &	Pears & yoghurt	Fresh mixed fruit &
Forest fruits &	sponge	chunk of banana		yoghurt
yoghurt				
Monday 13	Tuesday 14	Wednesday 15	Thurs 16	Friday 17
Fish fingers	Chicken curry	BUFFET - selection	Roast chicken &	Steak burger
Beans	Boiled rice	of sandwiches, pizza	stuffing, diced turnip,	Salad
Mashed potato	Carrot sticks	fingers, cocktail	broccoli florets, mashed	Coleslaw
Crusty bread	Naan bread	sausages, carrot	& roast potato, gravy	Chips
· .		sticks		
Fresh melon wedge	Meringue & fruit	Fruit muffin &	Orange juice, cheese &	Melody of fruit &
& frozen yoghurt		milkshake	crackers with cut	yoghurt
			grapes	

Fruit and yoghurt are available daily as alternative to pudding.

Milk and water available free to each child.

Due to changes in nutrition regulations we are no longer able to provide fruit juice for sale. Although an effort is made to keep to the set menu, due to various circumstances, it may occasionally be necessary to make some minor alterations to the list set out above.

If you have any dietary requirements, please contact the school.