

WHITEHEAD PRIMARY SCHOOL

6 – 17 March 2023

YEARS 1 -7

The menu is based on 'healthy-eating'. All meals are priced at **£2.60** and will include the choices set out below. I would thoroughly recommend the meals for their nutritious value.

Dinners must be booked and paid for by logging onto the School Money System. If your child is entitled to free meals you can book on the School Money System, but payment will not be requested.

Monday 6	Tuesday 7	Wednesday 8	Thursday 9	Friday 10
Breaded chicken bites, chips, baked potato, baked beans	Spaghetti Bolognese Crusty bread Cheese	Chicken curry Boiled rice Naan bread Garden peas	Roast beef, stuffing, gravy cauliflower cheese, carrots, roast & mashed potato	BUFFET Selection of sandwiches (chicken/cheese/tuna) fish bite, pizza fingers, cocktail sausages, carrot sticks
Jelly, ice cream & fresh fruit	Honey dew melon & ginger cookie	Fruit crumble & custard	Chocolate brownie & banana chunk	Fruit muffin & milkshake
Monday 13	Tuesday 14	Wednesday 15	Thurs 16	Friday 17
Chicken goujons Sweetcorn & red pepper Chilli diced potatoes	Spaghetti Bolognese Crusty bread Sweetcorn salsa Potato salad	Chicken curry Boiled rice, Naan bread, tossed salad, coleslaw, garden peas	Roast loin of pork, stuffing, gravy, carrot, parsnip, broccoli, roast & mashed potato	NO DINNERS SERVED TODAY - PRE ORDERED SANDWICHES FOR FREE MEALS ONLY
Frozen smoothie & fresh fruit	Raspberry ripple ice cream & watermelon	Chocolate & pear sponge with custard	popcorn cookie with pear slices & grapes	

Fruit and yoghurt are available daily as alternative to pudding.

Milk and water available free to each child.

Due to changes in nutrition regulations we are no longer able to provide fruit juice for sale. Although an effort is made to keep to the set menu, due to various circumstances, it may occasionally be necessary to make some minor alterations to the list set out above.

If you have any dietary requirements, please contact the school.