

WHITEHEAD PRIMARY SCHOOL

6 – 17 March 2023

YEARS 1 -7

The menu is based on 'healthy-eating'. All meals are priced at £2.60 and will include the choices set out below. I would thoroughly recommend the meals for their nutritious value.

Dinners must be booked and paid for by logging onto the School Money System. If your child is entitled to free meals you can book on the School Money System, but payment will not be requested.

| Monday 6 | Tuesday 7 | Wednesday 8 | Thursday 9 | Friday 10 |
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| Breaded chicken bites, chips, baked potato, baked beans | Spaghetti Bolognese Crusty bread Cheese | Chicken curry Boiled rice Naan bread Garden peas | Roast beef, stuffing, gravy cauliflower cheese, carrots, roast & mashed potato | BUFFET Selection of sandwiches (chicken/cheese/tuna) fish bite, pizza fingers, cocktail sausages, carrot sticks |
| Jelly, ice cream & fresh fruit | Honey dew melon & ginger cookie | Fruit crumble & custard | Chocolate brownie & banana chunk | Fruit muffin & milkshake |
| Monday 13 | Tuesday 14 | Wednesday 15 | Thurs 16 | Friday 17 |
| Chicken goujons Sweetcorn & red pepper Chilli diced potatoes | Spaghetti Bolognese Crusty bread Sweetcorn salsa Potato salad | Chicken curry Boiled rice, Naan bread, tossed salad, coleslaw, garden peas | Roast loin of pork, stuffing, gravy, carrot, parsnip, broccoli, roast & mashed potato | NO DINNERS SERVED TODAY - PRE ORDERED SANDWICHES FOR FREE MEALS ONLY |
| Frozen smoothie & fresh fruit | Raspberry ripple ice cream & watermelon | Chocolate & pear sponge with custard | popcorn cookie with pear slices & grapes | |

Fruit and yoghurt are available daily as alternative to pudding.

Milk and water available free to each child.

Due to changes in nutrition regulations we are no longer able to provide fruit juice for sale. Although an effort is made to keep to the set menu, due to various circumstances, it may occasionally be necessary to make some minor alterations to the list set out above.

If you have any dietary requirements, please contact the school.