WHITEHEAD PRIMARY SCHOOL <u>20 November – 15 December 2023</u> YEARS 1 -4

The menu is based on 'healthy-eating'. All meals are priced at £2.60 and will include the choices set out below. I would thoroughly recommend the meals for their nutritious value.

<u>Dinners must be booked and paid for by logging onto the School Money System</u>. If your child is entitled to free meals you can book on the School Money System, but payment will not be requested.

Monday 20	Tuesday 21	Wednesday 22	Thurs 23	Friday 24
Hot dog & chips	Savoury mince	Lunch Bunch chicken	Roast beef, mashed/	Margherita Pizza
Coleslaw	Mashed potato	curry & naan bread,	roast potatoes, carrots,	Chips
Salad	Carrot	rice	parsnip/savoy cabbage	Salad/coleslaw
Fresh fruit pot &	Banana yoghurt pot	Chocolate sponge &	Strawberry jelly, ice-	Homemade cookie
biscuit		custard	cream, fruit	
Monday 27	Tuesday 28	Wednesday 29	Thurs 30	Friday 1
Sausage roll, chips,	Pasta Bolognaise	Lunch Bunch chicken	Roast chicken, mashed/	Beef burger in a bap
Spaghetti hoops	Garlic bread	curry, naan bread,	roast potatoes,	with tomato ketchup
	Sweetcorn	rice	cauliflower, carrots	Chips, tossed salad
Ice-cream, sliced	Zesty orange sponge &	Fresh fruit salad &	Homemade muffin	Flakemeal biscuit &
pears, chocolate	custard	yoghurt		fruit
sauce				
Monday 4	Tuesday 5	Wednesday 6	Thurs 7	Friday 8
Golden crumbed	Italian beef with	Lunch Bunch chicken	Hot dog	CHRISTMAS DINNER
fished fingers,	crusty roll	curry, naan bread,	Chips	DAY
chips, baked beans	Pasta	rice	Beans	
Artic roll with	Fresh fruit pot	Lemon drizzle cake	Shortbread	
peaches & pears		& custard		
Monday 11	Tuesday 12	Wednesday 13	Thurs 14	Friday 15
Oven baked chicken	Beef Bolognaise with	Lunch Bunch chicken	Roast chicken,	Ham & cheese or
goujons, chips,	garlic bread, pasta	curry, naan bread,	mashed/roast potatoes,	pepperoni pizza with
baked beans		rice	broccoli, turnip	garlic dip, chips, red
				pepper & sweetcorn,
				coleslaw
Homemade ginger	Melon, mandarin &	Cornflake tart &	Ice-cream, pears &	Jelly & mandarin
biscuit & fruit	pineapple pots with yoghurt dip	custard	chocolate sauce	oranges

Fruit and yoghurt are available daily as alternative to pudding. Milk and water available free to each child.

Due to changes in nutrition regulations we are no longer able to provide fruit juice for sale. Although an effort is made to keep to the set menu, due to various circumstances, it may occasionally be necessary to make some minor alterations to the list set out above.

If you have any dietary requirements, please contact the school.