



# Whitehead

Primary School  
& Nursery Unit

'LEARNING AND GROWING TOGETHER'

Dear Parent/Guardian

You have now finished two weeks of home schooling. I hope that all is going well and that everyone in your family and friendship circle is keeping well.

**If there is anything that we as a school community can do to support or help you in any way, please contact me. I am in school each Monday, Wednesday & Friday. I work from home on a Tuesday & Thursday. Please don't hesitate to contact me by phone or by email:**

**02893353280 or [info@whiteheadps.whitehead.ni.sch.uk](mailto:info@whiteheadps.whitehead.ni.sch.uk)**

Over the last two weeks, school has been open for the children of key workers. Thanks to the willingness of our wonderful staff we have been able to support several families. I would like to express my heartfelt thanks to the staff of WPS.

**I would also like to take this opportunity to thank all those who are working so hard to ensure that we are kept safe, can get food when we need it, can access financial support as necessary and who are caring for those who are ill, elderly or vulnerable at this very difficult time. A special thanks to our paramedics and all those working in hospitals who are caring for the most ill in our local communities. You are all doing such an amazing job!! Thank you!!**

It is our intention that school will remain open throughout the Easter period and at the moment we have sufficient staff on a rota basis to cover every day. If the need arises we would consider opening at the weekends also.

I am aware that Peter Weir is beginning to request volunteers to support schools. If you meet the criteria that he has set out, please sign up. We don't require any additional volunteers at the moment however this may change over the next few months (it would be great to have a bank of volunteers that we could call upon if necessary).

Over the next two weeks it is officially the 'Easter Holidays'! While it will not feel like a holiday at all I would encourage you to allow your children to have a break from any school work! The children will need a 'wee' break and you will probably need it too!!! They could maybe watch a little bit more TV or play Xbox a bit longer? Be very deliberate in setting your timetable over the next two weeks and make it different allowing your children a little bit more freedom. You could still tap into the websites that I have already sent out and below are a few more:

- [www.k7maths.com](http://www.k7maths.com)
- [www.airambulancenl.org/download-your-free-boredom-buster-pack](http://www.airambulancenl.org/download-your-free-boredom-buster-pack)
- [www.timeout.com](http://www.timeout.com) (virtual tours of world museums – **you could maybe recreate your own impression of a famous piece of art work?**)
- [www.NI4kids.com](http://www.NI4kids.com)

Check out CORENI if you fancy an alternative to Joe Wicks (or in addition to)???

Facebook - CORE NI - <https://www.facebook.com/corenicorekids/?ref=bookmarks>

Instagram - @coreni\_corekids - [https://www.instagram.com/coreni\\_corekids/?hl=en](https://www.instagram.com/coreni_corekids/?hl=en)

YouTube - CORE NI - <https://www.youtube.com/channel/UCGF0zq3j38F0qiKI0cgIW7w>

You could possibly aim to complete the '100 things to do indoors' the 'STEM Challenge' (which is attached as a separate flyer) or the '30 Day Lego Challenge'. As the weather improves make the most of getting outside as much as can **(BUT WITHIN THE GOVERNMENT GUIDELINES)**



# 100 Things to do indoors

[www.spreadthehappiness.co.uk](http://www.spreadthehappiness.co.uk)



1. Make non-cook playdough, then have a Dough Disco
2. Paint 'our families' portrait
3. Write and make a book
4. Draw flowers or the fruit bowl
5. Learn some laughter yoga  
[www.roberttrivest.com](http://www.roberttrivest.com)
6. Finger paint
7. Make a band from kitchen pots and pans
8. Footprint paint
9. Have a dance alarm every 30 minutes
10. Have a karaoke
11. Send a video message to family and friends to get them busy
12. Have a birthday party for a pet or cuddly toy
13. Have an indoor picnic
14. Discover your favourite story and share it together
15. Order books alphabetically
16. Have an indoor treasure hunt
17. Dress up in adult shoes
18. Find a fairy door in your house or garden
19. Do the Hokey Cokey
20. Take a selfie through a toilet roll tube and pretend you are on the moon



21. Make cards for everyone at home
22. Get some sheets to flap and pretend they are the waves and jump in
23. Make cakes
24. Get material or cardboard and make mermaid or merman's tails
25. Get all the chairs together and make a bus, play conductors and drivers
26. Make a camp in your bed
27. Make a dark den and use a torch
28. Write a letter to a neighbour or friend
29. Colour in a colouring book or draw a picture
30. Make wool or string hair over a chair
31. Have a pamper day
32. Have a scrunched up paper fight (from recycling)
33. Make ice lollies with cordial and water
34. Make sandwiches in strange shapes
35. Make a pretend car from boxes/furniture
36. Learn a rhyme or poem
37. Make paper aeroplanes
38. Have a pirate adventure, make boats from boxes or furniture
39. Blow bubbles and catch them
40. Make a number frieze for the wall, decorate



41. Read Pirate George series available on Kindle
42. Make a papier mache sculpture over a balloon
43. Keep a balloon up in the air game
44. Play a board game
45. Play hide and seek
46. Play dominoes
47. Learn a card game
48. Make smoothies
49. Perform a puppet show
50. Make shadow puppets
51. Make finger/sock puppets
52. Choreograph a dance or learn a dance routine
53. Have an upside down meals day, lunch for breakfast etc.
54. Learn a sing-along for Spread the Happiness TV
55. Learn to cook something new
56. Learn Brilliant Beast Song on Spread the Happiness TV YouTube Channel
57. Leave happy notes all around the house
58. Make a fitness routine and put your family through their paces
59. Using vegetables, make characters
60. Dance and sing to Knees up Mather Brown



61. Play I spy
62. Open your windows and sing out a song
63. Learn Days of the Week Song
64. Play musical statues
65. Learn a Beatles song
66. Learn a Queen song
67. Make an indoor restaurant and serve your family
68. Have a toy's tea party
69. Roll balls down the stairs
70. Be superheroes with capes
71. Eat cereal with a gigantic spoon
72. Have an ice cream party
73. Enter an online competition to win a prize
74. Vacuum your home
75. Polish your home
76. Fold up sheets
77. Use a sheet as a parachute to fluff up and hide under and play parachute games
78. Make binoculars with toilet rolls and look out the window at the birds
79. Make yoghurt pot telephones
80. Make a junk model rocket as large as you can



81. Create a comedy show
82. Pretend to conduct an orchestra to music
83. Hike up your stairs like it is a mountain, so so high
84. Roll around a large space in your home
85. Hop around like a bunny
86. Learn to play sleeping bunnies
87. Learn and act out 5 Little Monkeys
88. Find as many collections of 10 things in your home as you can
89. Dance in the shower
90. Sing in the shower
91. Squirt shaving foam in your hands
92. Make a scrap book of your favourite things, people
93. Play Jack in the Box in a large cardboard box
94. Have a themed party
95. Stay up late to look at the stars with a night time picnic
96. Play apple bobbing
97. Jump on the bed
98. Bash a pinata
99. Do coin rubbing with paper and crayons
100. Play pass the parcel



[www.spreadthehappiness.co.uk](http://www.spreadthehappiness.co.uk)



# 30 Day LEGO Challenge

Follow the instructions for each day. The only rule is to have fun and use your imagination!

				Day 1 You were hired by an amusement park to create a new roller coaster.	Day 2 NASA needs you to build a new rocket.	Day 3 Your parents want to build a new home and they want you to build it.	Day 4 Hollywood hires you to build a movie set for a new Star Wars movie.
Day 5 You enter a contest to build the world's tallest tower. Will you win?	Day 6 You are stuck on Mars and need to build a new ship to get home.	Day 7 Ford hires you to create the toughest pick up truck in the world.	Day 8 You and 4 friends are stranded on an island. Build a boat to find a way home.	Day 9 Captain Hook needs a new pirate ship and wants you to build it.	Day 10 You and your friends decide to build a tree house.	Day 11 Prince Charming hires you to build a castle for him & Cinderella.	
Day 12 Dr. Who hires you to build a new TARDIS.	Day 13 You are asked by the President to build a new monument to George Washington.	Day 14 Mr. Hilton hires you to build a new hotel.	Day 15 There is a circus in town. Build a place for the performance.	Day 16 Help your fellow pioneers build a wagon to make it across the country.	Day 17 Build the fastest car around and join the big car race.	Day 18 Do you wanna build a snowman? Get in the winter mood and build a snow scene.	
Day 19 The city wants you to build a bridge to connect one side of the town to the other.	Day 20 Pizza party! It is up to you to make a pizza for all the guests.	Day 21 You are hired to build a brand new hospital.	Day 22 The fence is broke and the dog keeps escaping. Build one he can't get out of.	Day 23 You are now in medieval times. You are commissioned to build a jousting arena.	Day 24 The local bank keeps getting robbed. Build a safe no one can crack.	Day 25 Design and build your dream bedroom.	
Day 26 You are elected ruler. Build a flag for your land.	Day 27 Aliens are invading and you need to build a war robot to defeat them.	Day 28 The aliens have taken over. They are impressed by your robot. They want you build one for them.	Day 29 You are hired to build a house entirely out of yellow Legos.	Day 30 There is blizzard. You will need to build a snowmobile		What was your favorite day?	

## Public Service Announcement

Parents: What we are being asked to do is not humanly possible. There is a reason we are either a working parent, a stay-at-home parent, or a part-time working parent.

Working, parenting, and teaching are three different jobs that cannot be done at the same time.

It's not hard because you are doing it wrong. It's hard because it's too much. Do the best you can.

When you have to pick, because at some point you will, choose connection. Pick playing a game over arguing about an academic assignment. Pick teaching your child to do laundry rather than feeling frustrated that they aren't helping. Pick laughing, and snuggling, and reminding them that they are safe.

If you are stressed, lower your expectations where you can and virtually reach out for social connection. We are in this together to stay well. That means mentally well, too.

Emily W. King, Ph.D.

I appreciate that all of our lives are very different and some of you might be using Easter to catch up on the work that your children have been unable to complete because you are working full time or caring for elderly parents. Alternatively, some of you might be at home full time and really keen to tap into the ideas that are mentioned above! It is really important that you make it work for your 'wee' family, whatever that looks like.

The statement opposite was shared on our staff WhatsApp group and I think that it is very important.

Seesaw is a wonderful platform and I know that lots of the children have been really motivated by sharing their work, SHINE posters etc. Below is one that was forwarded to me and it is amazing!

## Pebbles from Whitehead



Teachers & Classroom/Nursery Assistants will be in school over Easter supervising key workers' children. They will also continue to prepare activities for Seesaw but **COULD I ASK THAT OVER THE 'EASTER HOLIDAYS' YOU DO NOT CONTACT THE TEACHERS THROUGH SEESAW!** If you have any queries or questions over the Easter period, please don't hesitate to contact me by phone or by email as stated above.

I am currently working on our new website which will further enhance our ability to communicate with you through an app that you will be able to download from the website (more details to follow)! In the meantime, I would love creative photographs of what you have all been up to over the last few weeks, copies of SHINE posters or your recreations of famous pieces of art work. Please forward any pictures to me at the email address above.

And finally, below is the timetable that teachers will use from **MONDAY 20 APRIL** to upload activities for the children. They will upload the activities the evening before they are to be completed. The teachers will indicate clearly which tasks require a response through Seesaw. As I have previously stated, I understand that everyone's family circumstances are very different and of course there is flexibility on when children will complete tasks. As you begin to complete these tasks with your children **PLEASE BEAR IN MIND WHAT EMILY KING SAID!**



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Y1</b>	Phonics Literacy Numeracy	Phonics Literacy Numeracy WAU	Phonics Literacy Numeracy	Phonics Literacy Numeracy WAU	Phonics Literacy Numeracy
<b>Y2</b>	Tricky Words or Spellings Literacy Task Numeracy Task	Tricky Words or Spellings Literacy Task Numeracy Task WAU Task	Tricky Words or Spellings Literacy Task Numeracy Task	Tricky Words or Spellings Literacy Task Numeracy Task WAU Task	Tricky Words or Spelling Test Literacy Task Numeracy Task
<b>Y3</b>	Spelling Activities Mental Arithmetic Literacy Task Numeracy Task	Spellings Mental Arithmetic Literacy Task Numeracy Task	Spellings Mental Arithmetic Literacy Task Numeracy Task WAU	Spellings Mental Arithmetic Literacy Task Numeracy Task	Spelling Test Literacy Task Numeracy Task WAU
<b>Y4</b>	Spelling Activities Mental Arithmetic Literacy Task Numeracy Task	Spellings & Tables Mental Arithmetic Literacy Task Numeracy Task	Spellings & Tables Mental Arithmetic Literacy Task Numeracy Task WAU	Spellings & Tables Mental Arithmetic Literacy Task Numeracy Task	Spellings & Tables Test Literacy Task Numeracy Task WAU
<b>Y5</b>	Spelling Activities Mental Arithmetic Literacy Task Numeracy Task	Spellings Mental Arithmetic Literacy Task Numeracy Task WAU	Spellings Mental Arithmetic Literacy Task Numeracy Task	Spellings Mental Arithmetic Literacy Task Numeracy Task WAU	Spelling Test Literacy Task Numeracy Task
<b>Y6</b>	Spelling Activities Mental Arithmetic Transfer Test WAU	Spellings Mental Arithmetic Literacy Task Numeracy Task	Spellings Mental Arithmetic Transfer Test WAU	Spellings Mental Arithmetic Literacy Task Numeracy Task	Spelling Test Literacy Task Numeracy Task
<b>Y7</b>	Spelling Activities Mental Arithmetic Literacy Task Numeracy Task	Spellings Mental Arithmetic Literacy Task Numeracy Task WAU	Spellings Mental Arithmetic Literacy Task Numeracy Task	Spellings Mental Arithmetic Literacy Task Numeracy Task WAU	Spelling Test Literacy Task Numeracy Task